

What is claimed is:

1. An inhibitor of glucose absorption comprising, as an active ingredient, an acerola-derived substance capable of inhibiting glucose absorption.
2. An inhibitor of glucose absorption comprising, as an active ingredient, an acerola extract or a processed product thereof.
3. An inhibitor of glucose absorption comprising, as an active ingredient, an acerola-derived polyphenol.
4. The inhibitor of glucose absorption according to claim 3, wherein the polyphenol contains an anthocyanin pigment.
5. The inhibitor of glucose absorption according to any of claims 1 to 4, which is used for treating diabetes and/or diabetic complications.
6. A preventive and/or therapeutic agent for diabetes or diabetic complications comprising, as an active ingredient, an acerola-derived substance capable of inhibiting glucose absorption.
7. A method for producing an inhibitor of glucose absorption comprising steps of: grinding acerola fruit; isolating an extract from the ground acerola fruit; and purifying the extract according to need.